

Camp Staff

St. Mary's Academy Blues Volleyball Camps will be directed and coached once again by Carlie Dumanon, St. Mary's Academy Varsity Assistant Coach.

Coach Dumanon returns for her second year at St. Mary's and has coached in the Blues Volleyball Club program for five years as well.

Coaches from St. Mary's and Blues VBC, as well as current and former SMA players will staff the camps.

REGISTRATION

Visit the St. Mary's Academy website for the link to sign-up for the

2018 SMA BLUES VOLLEYBALL CAMP

**[http://www.stmaryspdx.org/
athletics/summer-programs](http://www.stmaryspdx.org/athletics/summer-programs)**

Confirmation

A confirmation notice will be emailed to all applicants who complete the following form and return it with the camp fee.

Refunds will be given if cancellations are received by 5:00 PM on July 2, 2018.

For questions regarding camp, please contact Carlie Dumanon
carlie.dumanon@smapdx.org

Blues Volleyball Camp 2018



Description

The 3rd - 6th grade camp provides strong skill development, opportunities for competition and a fun learning environment. The goal of the camp is to provide an enthusiastic environment for players to work on consistently executing game skills individually and in team play.

The 7th - 9th camp instruction will include individual skills, offensive & defensive team movement and serve receive patterns. Additionally, physical conditioning, agility training and an injury prevention warm-up program specifically designed for girls and women will be introduced.

The camp is limited in size to provide greater hands-on opportunities and specific instruction.

Camp spots cannot be held without fee payment.

July 16 - July 18, 2018

8:00am - 11:00am | \$100
3rd thru 6th graders

8:00am - 1:00pm | \$135
7th thru 9th graders

Register at www.stmaryspdx.org/athletics/summer-programs