2018 Summer Newsletter

St. Mary's Academy Athletic Department

1615 SW 5th Ave., Portland, OR 97201
www.stmaryspdx.org **(503) 228-8306**

SMA Families –

The 2017-18 school year is now in the books and I hope each of you can enjoy a well-deserved respite this summer.

Athletics for the 2018-19 school year will begin in 2 months and I wanted to take this opportunity to fill you in on some important information regarding registration details, events and dates you will need to know if your daughter plans on participating in athletics at St. Mary's in the coming school year.

Yours –
Anna Maria Lopez, '78

FALL SPORTS BEGIN AUGUST 13!

Cross-country, soccer and volleyball will begin Mon., August 13 for all students interested in participating on an SMA team. In order to be eligible to participate in fall tryouts and practices, students will need to complete the online registration process with Family ID, submit a current athletic physical on the state-mandated OSAA form and pay the $155 athletic participation fee. The online registration portal, fee payment and physical form are on the Athletic Eligibility page on the SMA website: http://www.stmaryspdx.org/athletics/athletic-forms .

All athletic eligibility requirements must be complete by Wed., August 8 for participation in Mon., August 13 tryouts & practices. There will be no exceptions for students not meeting these requirements.

WE HONOR THE GAME!

ST. MARY'S ACADEMY

Upcoming Events

August 8

Fall Sports Registration Deadline

August 13

Fall Sports Begin (soccer, volleyball, XC)

FAQ's

Q: My freshman daughter wants to go out for a fall sport, but must attend the Freshman iPad Camp; what should we do?

A: Schedule your daughter in one of the iPad camp sessions offered the week of August 6.

Q: If I am unavailable for tryouts, can I still make a fall team?

A: For soccer & volleyball, no. You must participate in tryouts beginning August 13. Students have until August 24 to turn out for cross-country.

Q: Do I need my physical before participating?

A: Yes & it must be turned in to the SMA Athletic Office.

Summer Athletic Opportunities

Summer Cross-Country, Basketball, Soccer & Volleyball

St. Mary's coaches will offer several opportunities for current and aspiring Blues to attend training sessions and camps this summer. For a full list, please visit the **Athletic Summer Sports Camps & Athletic Opportunities** page on our school website.

Information regarding **summer cross-country workouts, volleyball open gym and soccer training sessions, as well as basketball tournaments/practices, can all be found on their respective sport webpages on the St. Mary's website:**

http://www.stmaryspdx.org

Summer Strength & Conditioning Program

Details for the SMA Summer Strength and Conditioning Program are in the works. Stay tuned to the SMA Athletic Department website for details regarding this popular summer program open to all students registered to attend St. Mary's in the fall.

SMA Teams move to Remind

In an effort to create a consistent and safe platform for communication between coaches, players and parents, St. Mary's Academy athletic teams will be moving to the REMIND app this coming school year. **Teams and groups who have previously used Team Snap, Team or other web-based communication platforms will all move to REMIND**. Email, text and phone communication will take place through the REMIND app from now on.

Once teams are finalized at the onset of each season, players and parents will receive an invitation to join the teams REMIND "class".

Stay tuned for more information as the fall season approaches.

FALL PRACTICE/TRYOUTS

Cross-Country Practice

Practice for All Students
August 13; 3:30-6:15 PM

Meet in the SMA front courtyard ready to work out!

Practice times will be 3:30-6:15 PM throughout the season.

Soccer Tryouts/Practice

Tryouts All Students
August 13 – 17; 9 – 11 AM

Practices All Teams (JV2/JV/V)
August 20 - 24 TBA

All preseason soccer activities will be held at Buckman Park (NE 15th & Everett)

Volleyball Tryouts/Practice

Tryouts All Students
August 13: 7-9 AM & 5-7 PM;
August 14: 5-8 PM (teams announced)

There will be a calendar listing all practice times for the season (Aug. – Nov.) posted on the SMA volleyball webpage by late July.

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