



ST. MARY'S ACADEMY

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St. Mary's Academy Proudly Names Nicole Foran as School Principal

Portland, Ore. – St. Mary's Academy is honored to announce that Nicole Foran, the current Assistant Principal of Student Life, has been named to lead our school as the next Principal.

Nicole Foran brings distinct perspective and experience from her 15 years with St. Mary's Academy as English teacher and department chair, and most recently as Assistant Principal of Student Life. She is also the proud parent of alumna Chloe Rask, class of 2012. In addition to her Master of Education degree, she earned an Administrative Licensure from the University of Portland which is uniquely designed for Catholic School Administrators.

"Nicole demonstrates her deep commitment to an all-girls Catholic college-preparatory education, her passion for St. Mary's students and her appreciation of the mission of our founders, the Sisters of the Holy Names of Jesus and Mary, in every relationship, decision and act of leadership," said Christina Friedhoff, St. Mary's Academy President. "Nicole has been, and will continue to be, an exemplary leader for our staff, faculty, students and community."

Foran's enthusiasm for the innovative opportunities our major campus expansion will offer future St. Mary's students, along with her commitment to hold the charism of our founding Sisters will directly contribute to our mission to provide a challenging academic experience for young women that educates the whole person. In this new role, she intends to "reflect on the successes of our rich history as Oregon's oldest operating school, strengthen the programs that currently prepare our students for life outside the classroom and deliver on our future vision to develop and empower even more young women."

"Nicole is eager to collaborate with our community on a single-focused goal: how to provide the best learning environment in which our students will thrive. She will continue to nurture a culture of achievement for our students, something she is deeply passionate about," said Friedhoff.

In June, 188 young women graduated as part of the largest class in St. Mary's Academy history. These women are poised to make meaningful and significant impact in their communities, in part due to their experience in an all-girls school. Research from the National Coalition of Girls' Schools supports that

young women who attend all-girls schools report significant gains on core academics, express higher aspirations, are more actively engaged in the learning process, experience higher levels of support and are challenged to achieve more.

“We are witness to this transformative power of an all-girls school environment daily at St. Mary’s Academy,” said Friedhoff.

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At St. Mary's Academy, We Believe.

Located in the heart of downtown Portland, OR, St. Mary's Academy is the state's oldest continually-operating school and its only all-girls secondary school. Founded in 1859 by the Sisters of the Holy Names of Jesus and Mary, St. Mary's Academy serves more than 725 young women in grades 9-12. Our young women achieve a 100% college acceptance rate and excel in and out of the classroom as recognized locally, regionally and nationally in academic fields, the arts, athletics, community services and extra- and co-curricular activities. www.stmaryspdx.org