



ST. MARY'S ACADEMY
Today's Young Woman. Tomorrow's Leader.

MEET SISTER CAROL HIGGINS

THEOLOGY TEACHER

Sister Carol Higgins joined the St. Mary's Academy faculty this academic year in the theology department. She grew up in the Pacific Northwest and attended Gonzaga University, where she made the decision to become a Sister of the Holy Names. She has taught at every grade level from early education through graduate studies, and holds a Doctor of Ministry from the Washington Theological Union. Most recently Sister Carol worked in campus ministry at Marylhurst University, and now she graces the halls of St. Mary's Academy.



Interview with Sister Carol

SMA: Why did you choose SMA?

Sister Carol: As a Sister of the Holy Names, St. Mary's has always been near and dear to my heart. I'm really happy to be a part of this wonderful school and to carry forth the mission of the founding sisters.

SMA: What was your favorite academic subject in high school?

SC: In high school I loved Social Studies. I had two favorite teachers, Mr. Perry who taught me government, and Mr. Freeman who taught many of the history classes. Mr. Perry invited me to participate in a program that ended with me making a presentation at a national gathering of Social Studies teachers. That kind of support makes a huge difference in the life of a student.

SMA: What are your favorite hobbies/sports?

SC: I have a lot of hobbies but the one I'm most into right now is knitting socks – kind of weird, but it is relaxing and productive.

SMA: What food item best describes you?

SC: I guess I would say a hearty soup. I have a lot of talents (ingredients) that seem to come together in a way that other people appreciate. I am open to new ideas and experiences (add some more ingredients) and I enjoy a little spice to add some zest.

SMA: What inspires you? Do you have a favorite inspirational quote?

SC: Way back in the 13th century, Meister Eckhart said, "If the only prayer you ever say in your entire life is thank you, it will be enough." I love this quote because it reminds me to be a person of gratitude and to live with a spirit of abundance.