



## **Indoor/Outdoor Full Contact Sports Opt-In Form**

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority’s Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

*In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.*

*In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.*

Please fill out the following information for your school, district or program:

<b>Information Needed</b>	<b>Your Response</b>
Name of School, District or Program	St. Mary’s Academy
Key Contact Person for this Plan	Anna Maria Lopez
Phone Number of this Person	(503) 721-7714
Email Address of this person	annamaria.lopez@smapdx.org
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Indoor contact sports: basketball
Intended Starting Date for this Plan Update	May 10, 2021

## School Instructional Model

### OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

### Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

St. Mary's Academy began limited in-person instruction for 2% of our enrollment for students who were academically struggling on January 22, 2021. The school offered all families the option for their student to attend in-person classes or opt to stay at home and participate in classes online via Swivl technology.

On March 1, 51% of our students began attending in-person classes in hybrid format. On April 6, we added another 18% of our students and on April 19, we moved out of the hybrid system to a four-day a week, in-person instructional program. Currently, we have approximately 85% of our students attending class in-person while the remaining students attend the same classes online for home.

## On-Site Testing for Symptomatic Individuals and Close Contacts

### OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

### Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

St. Mary's Academy has utilized NW Mobile Testing to provide testing for all students and staff participating in any in-person activity in connection with the school. These sessions were conducted prior to the start date of each additional group of students opting for in-person activities. Specific tests dates: February 26-27; April 6 and April 30.

To meet the OHA requirement for on-site responsive testing for symptomatic individuals and those with known exposure to individuals with COVID-19, St. Mary's has trained several staff members to administer the rapid test to symptomatic individuals on our campus. The school-

based test provides results within 15 minutes allowing for an immediate response focused on risk mitigation within our population.

## Contact Information for Contact Tracing

### OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
  - [COVID Monitoring Form: Excel](#)
  - [COVID Monitoring Form: PDF](#)

### Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

St. Mary's Academy uses a Health Check app on each student's school-issued iPad where students confirm their health status. Our athletic coaches use the Family ID registration system to record each student's attendance and complete health checks each day. This online recording system allows the school to track each individual's presence at events. A school administrator/event manager records information from coaches, officials and spectators on our campus at each event, these records are kept on file in the Athletic Office at the school.

## Student-Athlete Waiver

### OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor full contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

### Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

St. Mary's Academy students participating in the school's interscholastic basketball program must affirm their agreement to follow OHA/ODE and St. Mary's Academy COVID protocols and procedures. Three separate COVID waivers; one for parent, one for students along with a separate full-contact waiver must be completed for each student prior to participation in

basketball. The form acknowledges the hazards of participating in full contact athletic activity, the responsibility of each student and parent to safely engage in the activity and in the event they experience COVID symptoms or have a confirmed diagnosis of COVID-19 infection. Further, any student diagnosed with COVID-19 must agree and abide by the return to activity protocols as recommended by the Oregon Schools Activities Association.

These waivers are kept on file in the St. Mary's Academy Athletic Department.